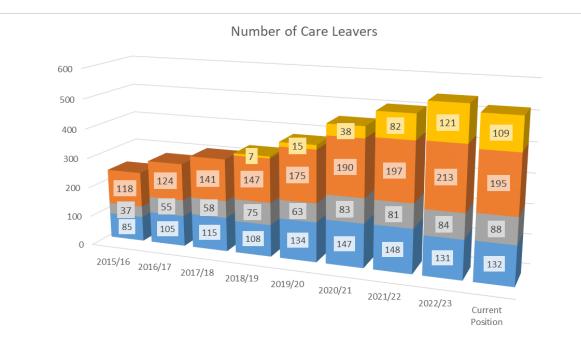




Care Leavers – Overall Numbers of Open Cases to date

 Overall numbers of care leavers have increased year on year but have reduced in the first part of 2023/24



Children in Care Aged 16+ Number of Care Leavers 17-18 Number of Care Leavers 19-21 Number of Care Leavers (open Referral) 22-

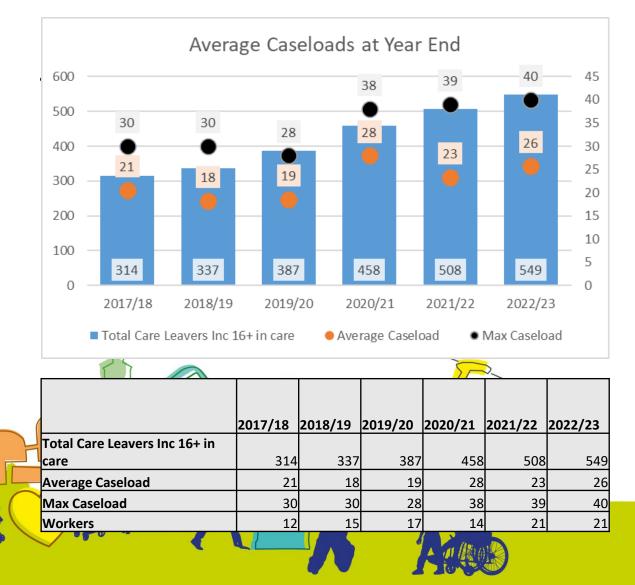
• Growth in part driven by increase in 21+ cohort following extension of duties. Higher overall numbers of care leavers driven by higher than average population in of children in care.

	Age Group	2019/20	2020/21	2021/22	2022/23	Current Position
	Children in Care Aged 16+	134	147	148	131	132
	Total Care Leavers 17-24	253	311	360	418	392
	% of Cohort	100%	100%	100%	100%	100%
	Increase on Previous Year 17-24	24	58	49	58	-26
	% Growth Compared to Previous Year	10%	23%	16%	16%	-6%
	Number of Care Leavers 22+	15	38	82	121	109
	% of ALL Care Leavers	6%	12%	23%	29%	28%
	Increase on Previous Year 22+	8	23	44	39	-12
-	% Growth Compared to Previous Year	114%	153%	116%	48%	-10%
-	Number of Care Leavers 17-21	238	273	278	297	283
	% of ALL Care Leavers	94%	88%	77%	71%	72%
	Increase on Previous Year 17-21	16	35	5	19	-14
	% Growth Compared to Previous Year	7%	15%	2%	7%	-5%



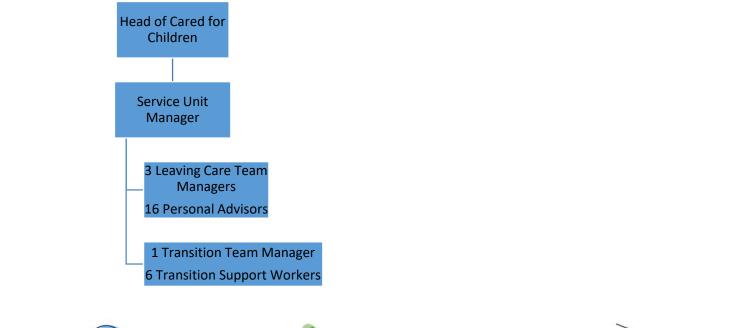
CASE LOADS AND OPEN CASES

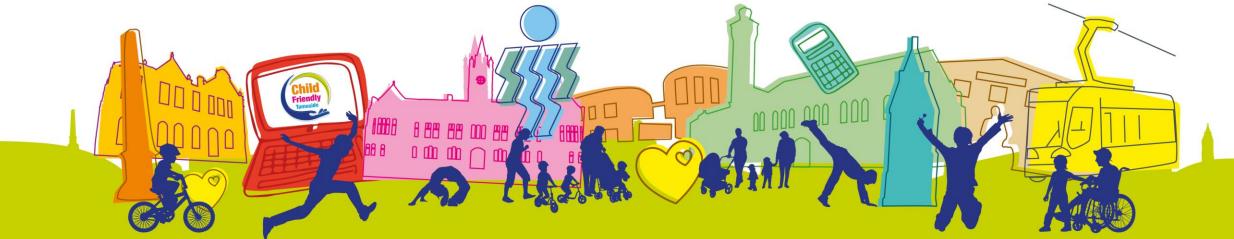
The chart below reflects a snapshot of average caseloads at each year end historically Leaving Care Caseloads have include 'Eligible' children who have not yet left the local authorities care.





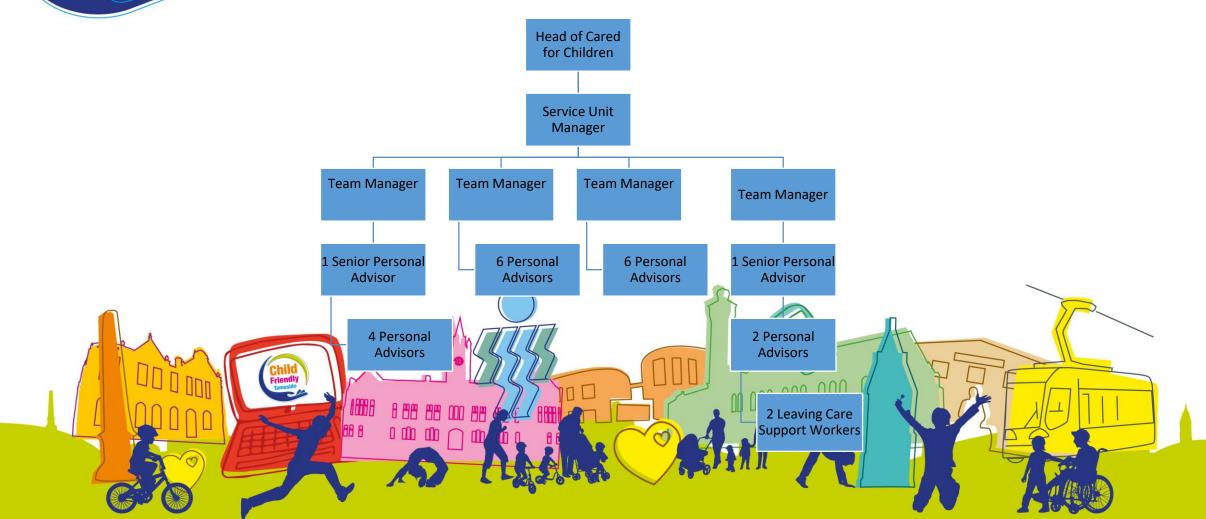
Leaving Care Service Structure - Phase 1







Leaving Care Structure – Phase 2





Education Employment and Training

- Relaunch weekly Young Persons Drop-In
- There have been 20 Care Leavers starting jobs this year with the support of the Youth Employment Scheme
- Support is in place to maintain employment through collaborative work with the leaving care service, job centre plus and other agencies.
- Virtual School increasing the post 16 offer to Care Leavers new role to be established
- DFE bid for targeted EET support



Cared For Children Health Team

Health data for Care Leavers is currently not reported on

- Friendly Tameside • Strong links in place with the Named Nurse for Cared For Children and Care Leavers
 - All Care leavers receive a Health Passport

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- The Named Nurse's continue to support Care Leavers post 18 plans to develop and strengthen this offer with a drop-in at a Care Leaver Hub
- National health context -
- Care Leavers nationally face huge health inequalities. Children who have grown up in care rather than in the care of their biological parents are up to four times more likely to suffer health problems 30 years later than the general population.
- Whilst not all children in care will have experienced maltreatment, the impact of being in care has lasting effects which can lead to ongoing trauma. 45% of children in care have at least one psychiatric diagnosis, and this increases to 72% in residential care compared to 10% in the general young person population.
- The transition from CAMHS to adult mental health services can result in delays to access services, due to a lack of a clear pathway

Greater Manchester (GM) Mental Health Investment for Cared For/Care Leaver CYP 2023/24

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- A are working on much needed investment for Mental Health Services for Cared for Children and Care Leavers for 2023/2024 which aims to address the variation of MH services across the GM footprint and to ensure that the wider system will be supported to support, identify and understand the mental and emotional wellbeing of our cared for children and care leavers.
- A monthly transition meeting is now in place in Tameside this is a multi-agency meeting where health, social care, housing and other professionals discuss the transition of our cared for children into adult services.
- Childrens and Adult Social Care are working closer for this transition and work is still ongoing to improve the transition into adult mental health services. This work will be prioritised and focussed upon within the next 12 months

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16-25 Mental Health Offer



YOUNG ADULTS (18-25) MENTAL HEALTH AND EMOTIONAL WELLBEING

GETTING ADVICE AND GETTING HELP

(Sept 2022)



Kooth is an online counselling and emotional well-being platform for children and young people aged 11 to 25 years.

The digital platform, which is available on any web-enabled, internet connected device (including laptop, smart phone, and tablet) is available 24/7, 365 days a year.

No referral required - register here https://www.kooth.com/



Free, safe and anonymous mental wellbeing support across the UK... go to Qwell.io to get started today

Support available includes:

- Live chat or messaging with qualified mental health professionals

DEREYSHI

Self help tools and activities

Online community

Live chat available from: Monday to Friday: 12pm - 10pm and Saturday and Sunday 6pm - 10pm

Local Offer for SEND Tameside Derbyshire For further information on available support or for specialist support that you will need to be referred to, please visit the

Mental Health Local Offer pages

Explore the <u>Health and Wellbeing College</u> for courses designed to empower you to take control of your own health and wellbeing, through learning new skills and connecting with people

HEALTH AND WELLBEING COLLEGE

Healthy Minds is a talking therapies service. Providing support and treatment for those who are experiencing symptoms such as difficulty sleeping, low mood / depression, stress, worry or anxiety, feelings of hopelessness or panic attacks.

Healthy Minds also offer a service for complicated bereavements and adjustments to life events (6-12 months post incident).

The service is open to anyone aged 16 years+ self-referrals are accepted The service is available from Monday- Friday 9-5pm



Pennine Care NHS Foundation Trust

Phone: 0161 716 4242 Website: <u>https://www.penninecare.nhs.uk/healthymindstameside</u>

Healthy Minds offers an online therapy programme called SilverCloud which is available 24 hours a day, seven days a week. You can start the therapy straight away and it can be done at a time and place that suits you. You'll also have access to the system for a year after you've been discharged from the service.

Click here to refer to SilverCloud.

Minds Matter supports people with mild to moderate common mental health problems. Mental Wellbeing Practitioners, Peer Support Workers and Counsellors who can help you to manage and overcome your difficulties via; counselling, one-to-one support, groups, drop-in support and coaching



The services operates from Monday- Friday 9-4.30pm It is open to anyone aged 16+ years

Self-referral accepted.

Minds Matter: 0161 470 6100 https://www.thebiglifegroup.com/service/mindsmatter/



Acronyms

- EET Education Training and Employment
- NEET Not in Education Training and Employment
- CYP Children and Young People
- EHCP Education Health and Care Plan
- PIRO- Pathway Independent Reviewing Officer

- IRO Independent Reviewing Officer
- DFE Department for Education
- GM Greater Manchester
- CAMHS Child and Adolescent Mental Health Services
- PEP Personal Education Plan
- CPB Corporate Parenting Board
- CSC Childrens Social Care
 LGA Local Government Association